CONWAY REGIONAL HEALTH SYSTEM CLINICAL LABORATORY

Collection of 24 Hour Urines

PURPOSE

To ensure proper collection of 24 hour urine specimens for laboratory testing.

MATERIALS

- 1. 24 hour urine container available from Laboratory or materials management.
- 2. Labeling supplies.

PROCEDURE

- 1. Refer to User's Guide to Laboratory Services for guidelines concerning specific test requirements. See Directory of Service guidelines.
- 2. Label the 24 hour container with the patient's name, account number, location, and date.
- 3. Begin the collection by having the patient void. Discard this specimen and record the time on the container as the start time. Also, record the time on the request form.
- 4. During the next 24 hours, all urine is to be collected and poured into the container.
- 5. Keep the container in a refrigerator. DO NOT USE A REFRIGERATOR THAT IS NORMALLY USED FOR FOOD OR BEVERAGE STORAGE.
- 6. At the end of the 24 hours, have the patient void and collect this specimen into the container.
- 7. Record the ending time on the container and on the request form.
- 8. Submit the specimen and request form to the lab as soon as possible per routine procedure.

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